

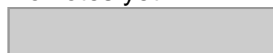
# Food and wine tourism in the Region of Valencia



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Food in the Region of Valencia is devotion to the palate, traditional flavours and culinary innovation. A leading exponent of Mediterranean cuisine, Valencia's kitchens are characterised by a plethora of delicious healthy recipes, based on fresh fish, seafood, fruit and vegetables, such as artichokes from Benicarló, medlars from Callosa and oranges from Valencia. Paella and rice dishes are the most emblematic choices, but Valencian cuisine offers as many dishes as it has towns, from the southernmost tip of the Costa Blanca to Castellón, through Benidorm and Valencia Terra i Mar.

Savour the delicious stews typical of inland areas and the flavours of the sea along the coastline. Give your palate a real treat by following the wine tourism route, sampling exquisite local white, red and sweet wines with Denomination of Origin quality labels from Alicante, Utiel-Requena and Valencia.



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