

COMUNITAT VALENCIANA
LES VALLS DE LA MARINA



LAND OF VALENCIA

Excursions in the La Marina district

The scenery in the district of La Marina is a synthesis of the two fundamental elements of Mediterranean geography: mountains and sea. Honouring its name meaning the “marine” district, La Marina offers the visitor a variety of beaches, ports and charming coves along the coast, but it is also strong on mountains overlooking the sea. Just a few kilometres from the coast, the towering knife-edge mountains of the Sub-Betic range form a landscape of small valleys closed off by peaks that provide beautiful panoramas of the area. The terraced slopes of the sierras are scattered with whitewashed pueblos, surrounded by croplands in the valleys. To the west, the district of El Comtat, showing similar characteristics, also offers sharp contrasts, alternating between mountains and valleys that provide exceptional vistas over the enchanting countryside. To get acquainted with the “other face” of these lands so close to the coast, there’s nothing better than hiking or cycling through the area.

Before going on an excursion it is always



recommendable to consult the variety of maps and specialized guidebooks currently available, such as the following: Montañas Valencianas IV, El Comtat y la Marina Alta by R. Cebrián (Valencia, 1991); L’Alcoià i El Comtat by J.R. Nebot (Alcoi, 1993). English-speaking visitors can obtain R. Massingham’s book Costa Blanca Walks (Norwich, 1987).

Hiking routes

For those wanting to hike around the area, there are a dozen or so Short-Distance Routes, known in Spain as “Senderos de Pequeño Recorrido” (PRs), signposted in white and yellow. These routes run through some of the prettiest scenery in the district.

The existing routes are:
PR-V-58: from Pego to la Vall d’Ebo, linking the flat coastal plain to one of the valleys of the interior.

PR-V-167: from la Vall de Gallinera, touring this interesting valley.

PR-V-154: circular route with start and finish in Benimassot.

PR-V-168: from Benimassot to Tollos, linking both villages in the Vall de Ceta.

PR-V-46, 49: from Castell de Castells to Callosa d’En Sarrià via Tàrvena and Bolulla.

PR-V-42 and PR-V-43: from L’Orxa to La Safor and from La Vall de Laguar to La Safor.

PR-V-23: from Quatretondeta to Benassau, through the La Serrella sierra.

PR-V-24: from Quatretondeta to Pla de la Casa.

PR-V-149, 150 and 151: touring the area around Castell de Castells.

PR-V-147: from Fleix, for a tour of la Vall de Laguar.

PR-V-158 (Les Badenes-Parcent); PR-V-181 (Benimaurell-Fleix); PRV-182: Facheca

Cycling routes

Cycling fans have a wide choice of quiet asphalted trunk roads and farm roads in the area on which to enjoy bicycling. These roads zigzag through the valleys and run through town and village streets lined with whitewashed houses and offering magnificent panoramas of the area. The network of dirt roads and forest tracks give access to scenic sites, and the climb to the mountains is well compensated by the spectacular views to be gained. Towns are close to each other and make it easy to enjoy a pleasant cycling trip around the district.

Useful tips

You can access the district of La Marina and El Comtat from Alicante and Valencia using the A-7 motorway, and the N-340 and N-332, linking both cities and bordering this area to the east and west.

Running to the west is the N-340, coming from Valencia, Xàtiva and Ontinyent and continuing to Muro de Alcoi, Cocentaina and Alcoi. From these three towns

there are various local roads entering the districts.

Running along the east is the AP-7 and the N-332, coming from Valencia, Gandía and Oliva and continuing to Alicante via Benidorm and Vilajoiosa. From Oliva, Els Poblets, Ondara, Pedreguer, Gata de Gorgos and Benissa there are various local roads running into the interior.



Tourist information offices

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Tourist Info Muro

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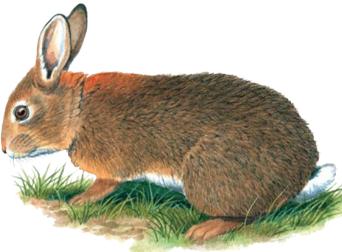
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- Cima
- Zona de escalada
- Àrbol monumental
- Pozo de nieve
- Cueva/Pinturas rupestres
- Poblado ibérico
- Poblado morisco
- Paraje de interés
- Puerto de montaña
- Ermita
- Castillo
- Monumento/Museo
- Àrea recreativa
- Àrea de acampada
- Alojamiento Rural
- Camping
- Hotel / Pensión
- Restaurante
- Oficinas de informaci3n turística
- Centro de Salud 24h
- Gasolina

- Carretera
- Pista forestal
- Curso de agua
- Itinerario excursionista
- menos de 300 m
- 300 - 600 m
- 600 - 900 m
- más de 900 m