

LAND OF VALENCIA



### Itineraries

La Serra d'Aitana presides majestically over this mountains part of the districts of La Mariana Baixa, l'Alacantí and the southern municipalities of l'Alcoià and El comtat. There are many peaks over 1000 meters in height, flanked by limestone cliffs and interrupted by hundreds of metres of steep canyons, making this territory a delight to discover, and creating an endless diversity of landscapes. They are all worth contemplating and savouring, enabling you to enjoy nature at its best while musing on the painstaking remodelling job carried out over generations by the people who live and work here. Why not leave your automobile behind and tour this lovely rural world on foot, on horseback or from the seat of a bicycle.

### Long and short distance

hiking routes  
Outdoor organizations co-ordinated by the Valencian Territorial Federation of Mountaineers have laid down a complete network of Long and Short Distance Hiking Routes clearly marked with white and yellow painted signposts. Using these trails is the best way to discover these natural spaces. The majority of these routes are described in a corresponding information brochure, providing information and a drawing, as well as practical advice:

- Senderos de Pequeño Recorrido, Federació Valenciana Territorial de Muntanyisme (Diputación de Alicante-Patronato de Turismo Costa Blanca, Alacant, 1995) (in Spanish).

- Senderisme d'Altea: Bèrnia PR-V-7; (Ajuntament d'Altea, Altea 1994) (in Valencian).

- Camins: PR-V-44, 45, 46, 47, 48, Grup de Muntanya Penya el Frare, (Ajuntament de Callosa d'En Sarrià, Callosa d'En Sarrià, 1994) (in Valencian).

- Antonio Calero, Las Montañas de Alicante (El Tejo, Alcoi, 1987)

- Rafael Cebrián, Montañas Valencianas V (Centre Excursionista de Valencia, Valencia, 1994).

- Rafael Cebrián, Montañas Valencianas VI, (Centre Excursionista de Valencia, Valencia, 1997).

In this brochure only some of the Short-Distance Hiking routes have been mapped out for you. Climbing to top of the main peaks will provide you with magnificent panoramic views with the Mediterranean Sea as the backdrop. The PR-V-7 wraps around Bèrnia passing by the unusual peak called the Forat; The PR-V-13 and 14 provides access to Puig Campana by way of the demanding Carreró, with the return leading down the west face. The PR-V-20, 21 and 44 explore the ample north face of the Serra d'Aitana.

These lands offer a great diversity of itineraries: from simple strolls to challenging mountaineering excursions. Not all the trails are signposted, however, enabling hikers to find their own way and discover this nature area for themselves. Detailed maps and guidebooks are recommended in this case. As well as the guides of Short and Long Distance Hiking Routes already indicated, other publications are recommended:

- J.R. Nebot y otros, L'Alcoià i el Comtat. Guia Natural, Històrica i Cultural (Gràfiques Ciudat, Alcoi, 1993).

- Joan Pellicer, Meravelles de Dània (C.E.I.C. Alfons el Vell, Gandia, 1995).

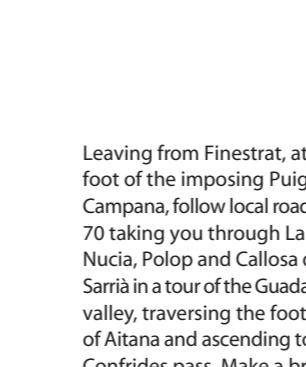
- Eric Wright, Por buen camino. 20 paseos por las montañas de la Costa Blanca (Parke Sutton Limited, Norfolk, 1995)

This book is also available in an English version.

### A privileged area for climbing

The Mountain ranges of La Marina and l'Alacantí are veritable gems for climbers. Magnificent faces and spires formed out of an excellent limestone rock are available, with weather conditions permitting climbs almost all year round. On the south and west faces of Puig Campana (Finestrat); el Ponoig (Polop); el Penyal Gulabdé-Cabal (Polop); el Penyal Dívì (Sella) and el Cabeço d'Or (Busot) numerous climbs of varying degrees of difficulty have been mapped out, and many of these involve heights of over 250 metres. The guidebooks written by Carlos Tudela (in Spanish) may come in handy:

Guía de escalada del Puig Campana (Ayuntamiento de Finestrat, Finestrat, 1995) and Gràcia de escalada de Ponoig, (Valencia, 1998).



Leaving from Finestrat, at the foot of the imposing Puig Campana, follow local road CV-70 taking you through La Nucia, Polop and Callosa d'En Sarrià in a tour of the Guadalest valley, traversing the foothills of Aitana and ascending to the Confrides pass. Make a brief descent to Benasau, then climb uphill again to the Tudons pass on local road CV-70 to finish with an exhilarating drop to Sella, from where you can finish the round trip to Finestrat. This is an 80-kilometre route spanning nearly 1400 metres, circling the looming Aitana peak.

### Maps

We recommend that you consult maps and seek additional written information when you do outdoor activities. The regions described in this brochure are covered by the following 1:50,000 scale maps:

Alcoi 29-32 (821),

Benisa 30-32 (822),

La Vilajoiosa 29-33 (847),

Altea

30-33 (848)

Alicante 29-

34 (872),

The National

Geographic Institute

also offers

1:25,000 scale maps of the

majority of the above

mentioned areas.

### For bicycle lovers

The roads which circle around

Aitana

have little traffic and

offer cycling fans interesting

routes with invigorating

gradients. Of the numerous

possibilities available, mention

is made here of only two.

Valencian) by Enric Roncero, A colp de pedal (Eliseu Climent, València, 1994).

For those preferring mountain-biking, there is an ample lineup of mountain trails available for adventurers. Follow your own route, if you want, but you can also find some suggestions in the brochure collection (in Spanish) by Rafael Gil and Jaime Escolano, Rutas en bicicleta por la geografía de

Alicante (Diputación de Alicante-Patronato de Turismo Costa Blanca, Alacant, 1995).

### Maps

From Xixona, climb local route CV-800 passing over the historic Carrasqueta pass where you can stop off to see the ancient 'iceboxes'. Then comes a curvy, downhill route to Alcoi. The return trip can be made through Benifallim, the Rontonar pass and La Torre de les Maçanes. This tour of La Carrasqueta and Els Plans mountains is 70 kilometres long with a 1000-metre ascent. Other bike excursions can be found in the guidebook (in

### For bicycle lovers

The roads which circle around

Aitana

have little traffic and

offer cycling fans interesting

routes with invigorating

gradients. Of the numerous

possibilities available, mention

is made here of only two.

Leaving from Finestrat, at the foot of the imposing Puig Campana, follow local road CV-70 taking you through La Nucia, Polop and Callosa d'En Sarrià in a tour of the Guadalest valley, traversing the foothills of Aitana and ascending to the Confrides pass. Make a brief descent to Benasau, then climb uphill again to the Tudons pass on local road CV-70 to finish with an exhilarating drop to Sella, from where you can finish the round trip to Finestrat. This is an 80-kilometre route spanning nearly 1400 metres, circling the looming Aitana peak.

Valencian) by Enric Roncero, A colp de pedal (Eliseu Climent, València, 1994).

For those preferring mountain-biking, there is an ample lineup of mountain trails available for adventurers. Follow your own route, if you want, but you can also find some suggestions in the brochure collection (in Spanish) by Rafael Gil and Jaime Escolano, Rutas en

bicicleta por la geografía de

Alicante (Diputación de

Alicante-P

Costa Blanca, Alacant, 1995).

### Maps

From Xixona, climb local route

CV-800

passing over the historic Carrasqueta pass where you can stop off to see the ancient 'iceboxes'. Then comes a curvy, downhill route to Alcoi. The return trip can be made through Benifallim, the Rontonar pass and La Torre de les Maçanes. This tour of La Carrasqueta and Els Plans mountains is 70 kilometres long with a 1000-metre ascent. Other bike excursions can be found in the guidebook (in

### Maps

From Xixona, climb local route

CV-800

passing over the historic Carrasqueta pass where you can stop off to see the ancient 'iceboxes'. Then comes a curvy, downhill route to Alcoi. The return trip can be made through Benifallim, the Rontonar pass and La Torre de les Maçanes. This tour of La Carrasqueta and Els Plans mountains is 70 kilometres long with a 1000-metre ascent. Other bike excursions can be found in the guidebook (in

### Maps

From Xixona, climb local route

CV-800

passing over the historic Carrasqueta pass where you can stop off to see the ancient 'iceboxes'. Then comes a curvy, downhill route to Alcoi. The return trip can be made through Benifallim, the Rontonar pass and La Torre de les Maçanes. This tour of La Carrasqueta and Els Plans mountains is 70 kilometres long with a 1000-metre ascent. Other bike excursions can be found in the guidebook (in

Tourist Information Offices  
Tourist Info Altea  
C/ Sant Pere, 9  
03590 Altea · Alicante  
Tel.: 96 584 41 14/22  
Fax: 96 584 42 13  
Email: altea@touristinfo.net

Tourist Info L'Alfàs del Pi  
Federico García Lorca, 11  
03580 L'Alfàs del Pi · Alicante  
Tel.: 96 588 89 05  
Fax: 96 588 89 05  
E-mail: alfasdelpi@touristinfo.net

Tourist Info Benidorm-Centro  
Avda. Martínez Alejos, 6  
03500 Benidorm  
Tel.: 96 585 13 11  
y 96 585 32 24  
Fax: 96 680 88 58  
E-mail: benidorm@touristinfo.net

Tourist Info Finestrat  
Avda. de la Marina Baixa, 14  
Edif. Monika Holidays  
La Cala de Finestrat  
03509 Finestrat  
Tel.: 96 680 12 08  
Fax: 96 680 12 72  
E-mail: finestrat@touristinfo.net

Tourist Info La Vila Joiosa  
Costera de la Mar, s/n  
03570 La Vila Joiosa · Alicante  
Tel.: 96 685 13 71  
Fax: 96 685 29 47  
E-mail: lavilajoiosa@touristinfo.net

Tourist Info Castell de Guadalest  
Avda. Alicante, s/n  
03517 Castell de Guadalest · Alicante  
Tel.: 96 588 52 98  
Fax: 96 588 53 85  
E-mail: guadalest@touristinfo.net

Tourist Info La Nucia  
Avda. Marina Baixa, 1  
03094 La Nucia  
Tel.: 96 689 56 72

Tourist Info Polop de la Marina  
Ctra. Benidorm - Polop  
03094 La Nucia  
Tel.: 96 689 60 72

Tourist Info Callosa d'En Sarrià  
C/ Sant Antoni, 2  
03510 Callosa d'En Sarrià  
Tel.: 96 588 01 53  
E-mail: callosasarria@touristinfo.net

[www.landofvalencia.com](http://www.landofvalencia.com)



